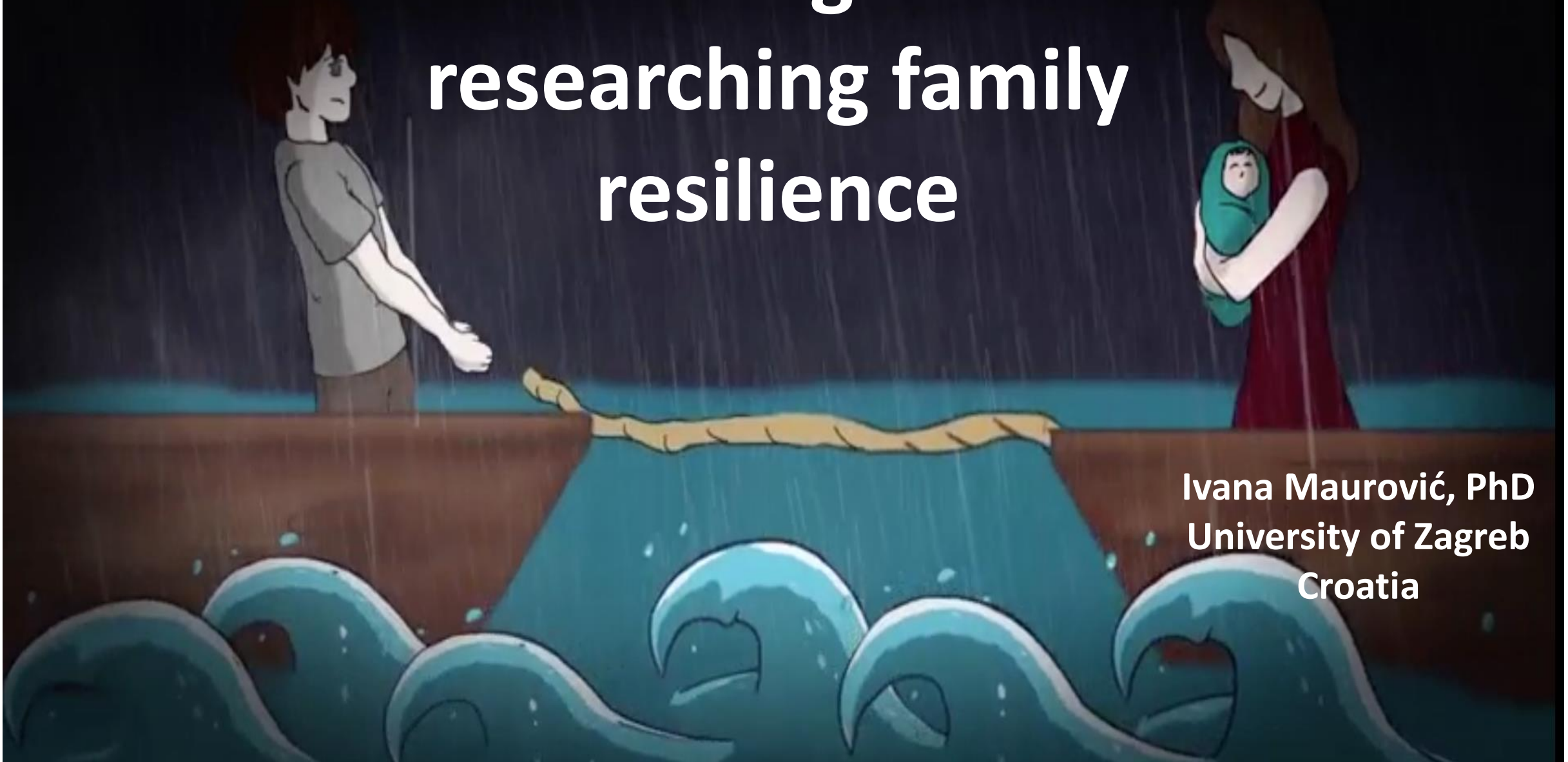


Challenges in researching family resilience

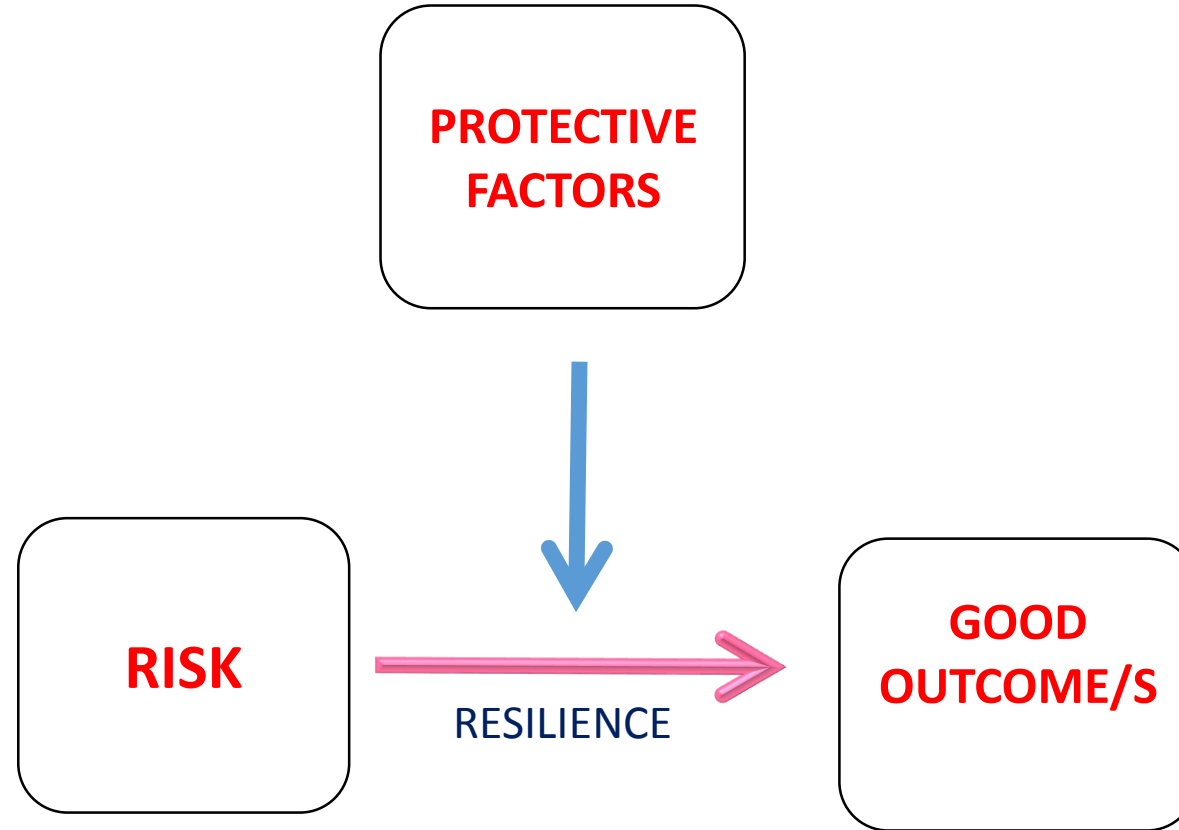


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Definition of family resilience

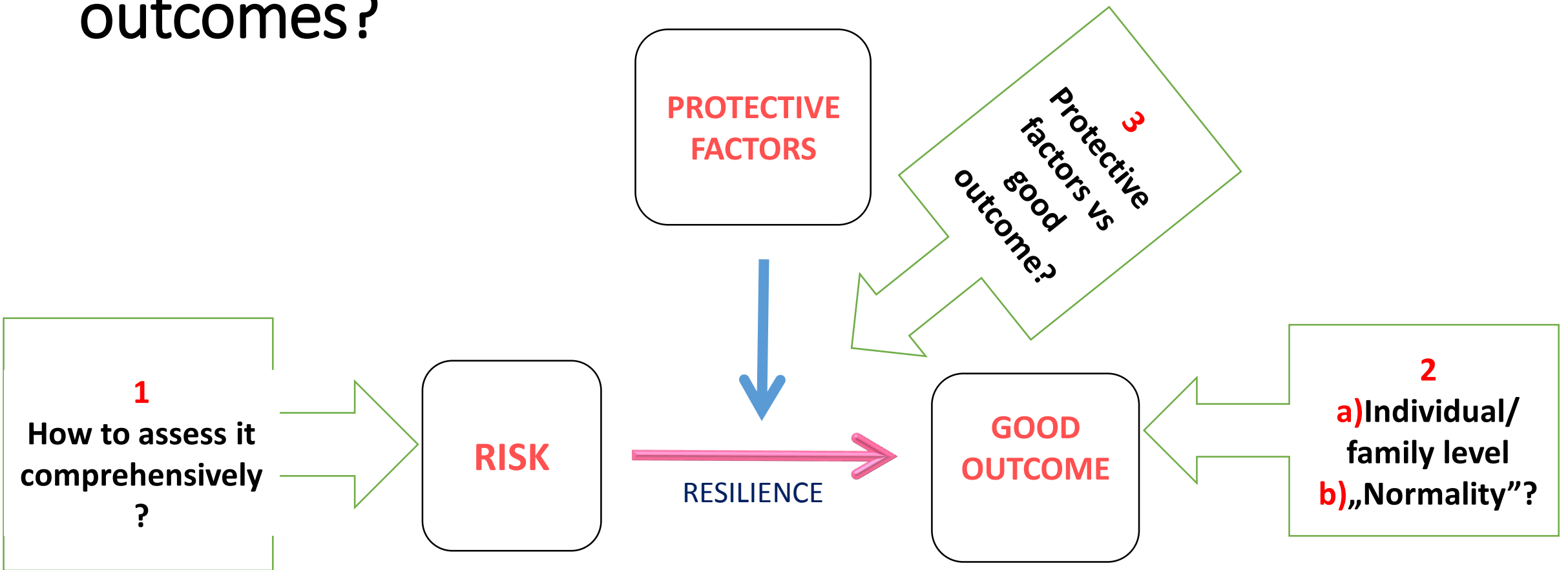
- "**dynamic process** of perseverance, self-governance and growth which occurs **in response to crisis and challenges (RISK)**. It includes **key processes (PROTECTIVE FACTORS)** which promote family capability to overcome barriers and maintain family functionality **(GOOD OUTCOME)** (Walsh, 2003)

Family resilience as a process



Major challenges:

What are indicators of risk, protective factors and outcomes?



1. RISK



1. RISK



2a).GOOD OUTCOME

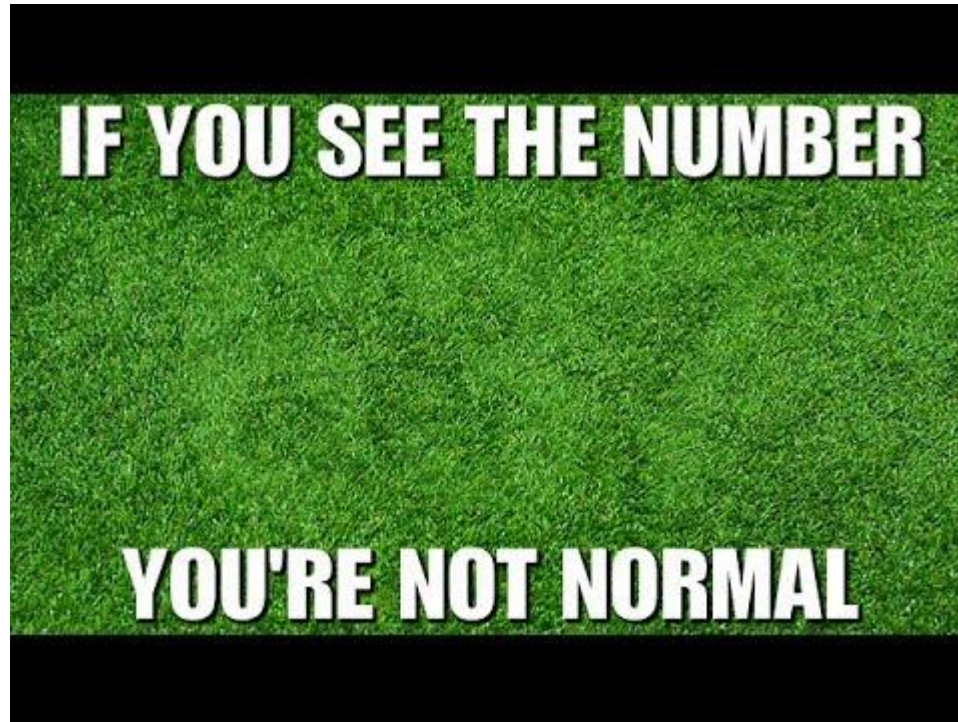
-SUM OF INDIVIDUAL OUTCOMES?



NOT ENOUGH. It has to be family

2b).GOOD OUTCOME

-WHO IS „NORMAL” ENOUGH TO DEFINE WHAT IS „NORMAL”?



3. GOOD OUTCOMES: PROTECTIVE FACTORS

PROTECTIVE
FACTORS



RISK

GOOD
OUTCOME

RESILIENCE

GOOD OUTCOMES: PROTECTIVE FACTORS

**PROTECTIVE
FACTORS**

Family functioning

(cohesion, flexibility, communication)

Family functions

(maintance of family unit, economic support, nuturance, education and socialisation, protection of vulnerable members etc)

Satissfaction with family life

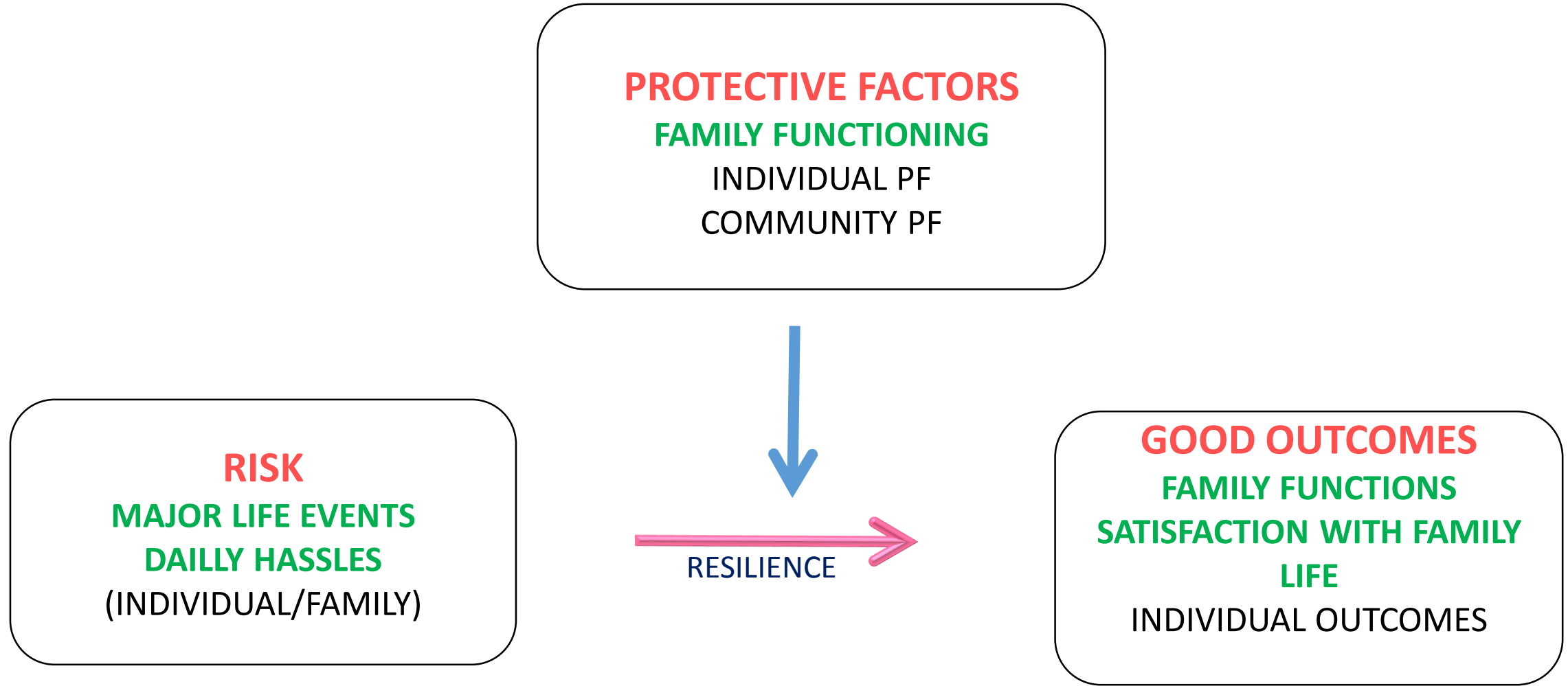
**GOOD
OUTCOMES**

RISK

RESILIENCE



Family resilience : possible model?



Thank you for your attention!

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